

A VISUAL GUIDE IS AVAILABLE FOR THIS PERFORMANCE.

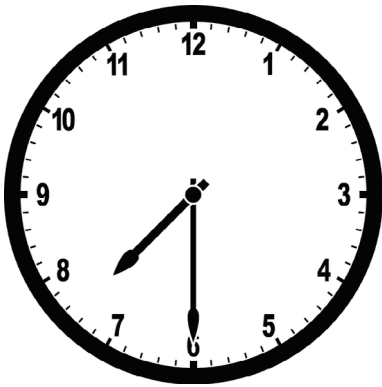
It is available online on the National Theatre of Scotland website and also from Box Office.

Please ask a member of staff for more information.

VISUAL GUIDE FOR MY LEFT RIGHT FOOT THEATRE ROYAL BRIGHTON



I am going to My Left/Right Foot – The Musical at Theatre Royal Brighton.



The evening shows will start at 7.30pm, I should arrive a little earlier than this.



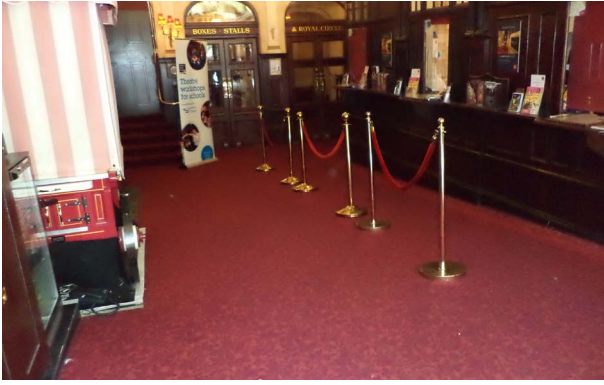
Welcome to Theatre Royal Brighton. We are a theatre for children and adults.

The front of our theatre looks like this. The road outside our theatre can be busy, with buskers making music, shoppers, cyclists and some cars.



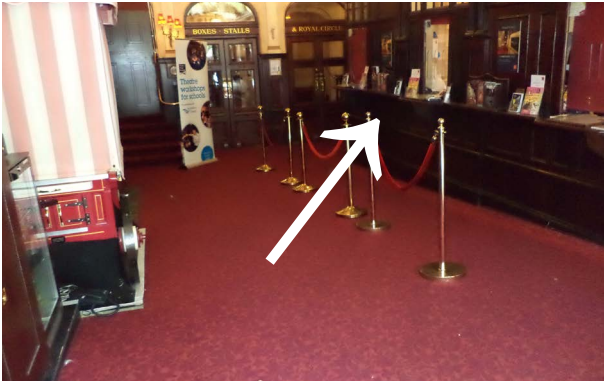
This is the entrance to the theatre.

There are signs outside the doors with upcoming shows.



This is the theatre foyer. It can be quite busy and noisy, especially before a show.

You might see someone selling programmes, they will be there after the show as well.



If you have to collect your tickets, go to the counters on the right hand side. This is called the box office. There may be a queue.



The box office staff wear name badges. They can answer questions on any show. You can collect your tickets for the performance here.

You can also purchase tickets for other shows.



When you have your tickets walk straight on to the next set of doors.

You will see a bar where you can buy food and drink. There is another bar upstairs too.



Your ticket will look like this. It says where you are seated - this is written in bold under the date.



Stalls: If you are sitting downstairs (this is called the Stalls) walk through the door on the right to get to your seat.

You will need to show your tickets to an usher at these doors.



An usher is someone who works for the theatre and is wearing a red badge. you can ask them if you need any help.



If you are sitting upstairs (this is called the Royal Circle) you will walk up these stairs.



And through this door to get to your seat. There will be another usher at this door.



If you are sitting upstairs in the Second Circle or Gallery you will walk up these stairs located on the Foyer level.



The inside of the theatre where the seats are is called the auditorium. It is quite big and there are lots of seats. There will be lots of other people sitting near you and it will be quite noisy.



The letter on your ticket tells you which row of seats. The number on the tickets tells you which seat in the row you have to sit in.

If you need some help to find your seat ask an usher.



When it is time for the show to start you will hear a voice asking everyone to turn off their mobile phones. This voice is coming through a speaker.

The theatre will get darker and everyone will be quiet. You will need to be as quiet as you can during the show so that you can hear everything.

Seeing a show is like watching television, or a film, but the people in a show are on a stage and they are called actors.

Things to know about the show:

- All performances of My Left/ Right Foot – The Musical have integrated BSL interpretation from Natalie McDonald, verbal description and integrated captioning.
- It is loud – there are 20 songs in total
- There are a variety of lighting effects including projection on the back wall of the set
- Lighting effects within the windows on set flash and pulsate different colours
- Should you need to leave/return at any point you are free to do so



The stage will look like this: My Left / Right Foot – The Musical is a new in your face musical comedy about an Amateur Dramatic Club that want to score themselves some extra points and win a play competition by creating an inclusive piece of theatre. The comedy lies in them not knowing what they are doing! The show also attacks persisting cultural norms around non-disabled people playing disabled people and ‘cripping up’ – often through Oscar-winning performances that become iconic.



After songs, some people will clap. Clapping is nice because it tells the actors you liked their song. If you want to clap, you can. You don't have to clap if you don't want to.

In the middle of the show, there is a break. This break is called an interval. During the interval you can use the toilet and have a drink or snack.

There are toilets on all levels of the theatre. If you need to use the toilet that's fine, there are signs to show you where the toilets are or ask an usher to show you where they are.



After the interval, everyone will come back and sit down in their seats again. It will get darker and quieter again just like the beginning of the show.

The actors will come back on the stage and finish telling the story.

At the end of the show, all of the actors will come out on the stage. This is called the curtain call.

Many people will clap a lot so the actors know how much they liked the show. They may also stand up to show they liked the show.



After the show is over, you will leave the theatre.

You might not leave the same way that you came to the theatre but in all exits are clearly marked with the word EXIT.

If you would like to take some time out during the play you may leave at any time and find a seat in the breakout area in the foyer until you are ready to go back in.

VISUAL STORY SYNOPSIS

MY LEFT / RIGHT FOOT – THE MUSICAL

My Left / Right Foot – The Musical is a new in your face musical comedy about an Amateur Dramatic Club that want to score themselves some extra points and win a play competition by creating an inclusive piece of theatre. The comedy lies in them not knowing what they are doing! The show also attacks persisting cultural norms around non-disabled people playing disabled people and ‘cripping up’ – often through Oscar-winning performances that become iconic.

What do these performances say about how society and how people view disability and diversity?

All of BOP’s shows integrate BSL interpretation, audio description and captioning.

Things to know about the show:

- It is loud – there are 20 songs in total
- There are a variety of lighting effects including projection on the back wall of the set
- Lighting effects within the windows on set flash and pulsate different colours
- 6 strip lights above the set also flash and pulsate

THE CHARACTERS



RICHARD CONLON
Ian



GAIL WATSON
Sheena



KATIE BARNETT
Amy



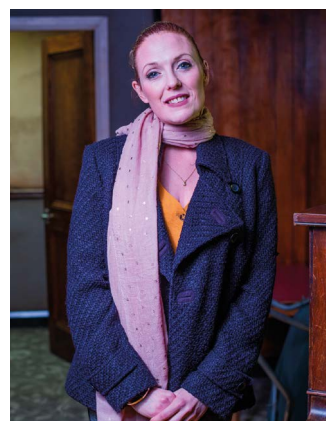
ALEX PARKER
Alex



CHRISTOPHER IMBROSCIANO
Chris



NEIL THOMAS
Grant



NATALIE MACDONALD
Nat



SHANNON SWAN
Gillian

ACT ONE



SONG 1 – I AM WHAT I AM-DRAM

The show opens with us all meeting the Kiktoon Players.



SONG 2 – (INCLUSION) IT WOULDN'T BE A BAD THING

The Kirktoon Players, a local am-dram group, are discussing what play they should enter into a short play competition. Amy suggests they do a play about “inclusion” as groups are given more points if they do this. As the group have never won the competition before, they all decide it’s a good idea and start thinking about what a play about inclusion could be.

Ian suggests disability.

After the group sing about their new show and inclusion we meet Chris who has been painting a radiator in the corner the whole time.



SONG 3 – MY LEFT/RIGHT FOOT “MINI-MUSICAL”

After lots of suggestions, Grant suggests the group does a version of the 1989 film *My Left Foot*, for which Hollywood actor Daniel Day-Lewis won an Oscar for playing Christy Brown, an Irish artist who had Cerebral palsy.

Grant is very excited about this idea. He imagines what the show could be like.

Amy and Gillian ask Chris if he would like to help them make the play, partly because he is disabled but also because Gillian fancies Chris. At first Chris doesn’t want to because he feels a bit uncomfortable about it but when Amy tells him they would have to spend lots of time together, Chris decides to help. This is because Chris fancies Amy.



SONG 4 – I HATE OTHER PEOPLE

Chris thinks that maybe this could be his chance...

Amy has written a script for the play they will put on. The first rehearsal for the play is confused because Chris thought he was playing the disabled character of Christy Brown, because he is also disabled. The rest of the group tell Chris that Grant will play Christy Brown even though Grant isn't disabled, because he is the best actor. Sheena thinks it would be too much for Chris. Chris agrees to help Amy with her script.



SONG 5 – SPASTICITY

Amy asks Gillian to run a movement workshop where the group try to learn to move as though they have Cerebral Palsy and Chris gives them advice on what having CP feels like for him.

Gillian is getting frustrated because Chris is ignoring her flirting with him, Chris only has eyes for Amy.



SONG 6 – ON THE OUTSIDE

To try and get Chris' attention Gillian phones the play competition judges – The Scottish Amateur Dramatics Association – to report that the group are casting the non-disabled Grant in the role of Christy Brown. The competition judges say this is not allowed. She can't believe she has made it happen!



SONG 7 – BUILDING CHRISTY'S HOUSE

We see the group rehearse a scene from their show where the family are building a house for Christy.



SONG 8 – SUPER HUMAN FEET

Everyone is so happy with Grants performance – especially Sheena.



SONG 9 – NO NO NO

The group get a letter from the competition judges telling them that unless a disabled person plays the part of Christy Brown, the group will be disqualified from the competition. To be able to carry on, the group cast Chris as Christy Brown.



SONG 10 – I'M AN ACTOR

Grant is very upset he can no longer be in the play. How dare they question his right as an actor to play whatever part he wants!

END OF ACT OF ONE

ACT TWO



SONG 11 – EVERYBODY’S HAPPY

We return to rehearsals and find the group practicing with Chris now playing the Christy role. It turns out that he is not as good an actor as Grant – of course he has never done it before. Amy, Sheena, Ian, Amy and Nat talk about this. Sheena tells Amy and Ian to help Chris get better.



SONG 12 – SPASTIC FINGER

Chris sings about what he has to offer Amy. Amy sings about how she could use her skills to help Chris and Gillian sings about how much she fancies him. They are all in their own worlds and not aware of what the others are singing.



SONG 13 – WHAT DO YOU WANNA SAY

Next scene we see Amy is directing Chris and Gillian rehearse a scene where Christy Brown tries to kiss the first girl he really fancied. Chris is finding it hard and Amy sends Gillian away.

Amy talks to Chris and says they should try some exercises so he can sound more like Christy Brown. Chris gets carried away and thinks that Amy fancies him. He tries to kiss her but Amy tells him that she doesn't like him that way.

Grant sneaks back into the club to find out what they are up to without him. He bumps into Chris and they talk about why Christy Brown is important to Chris. Grant tells him to stop trying so hard with Amy. Grant leaves again.



SONG 14 – WHY DOES THE WORLD HAVE TO CHANGE SO FAST

Ian finds Chris to have a chat with him. Ian says if the story of Christy is important to Chris they should find a way to tell it.

Ian sings a song about how he feels confused by the world and how he needs to find the confidence to help his friend, Chris.



SONG 15 – DRINKING SONG

The whole group decide that in order to get more relaxed with each other and to get into the Irish spirit, they should have a rehearsal where they get drunk.

Gillian and Chris kiss but when Chris tries to leave with Gillian, Sheena offers him a lift home in her car. Chris who is quite drunk shouts at Sheena and goes with Gillian to join the others in the pub.



SONG 16 – LOOK AT YOU

Sheena is upset that Chris shouted at her and Nat tells her to give him some time and to go home – she says she is home.

Sheena and Gillian sing a duet both singing about what they feel and think about Chris. They are not aware of each other. Gillian has spent the night with Chris and is singing about maybe falling for him and Sheena is realising she has to let him go.



SONG 17 – YOU CAN BE A BETTER YOU

The next morning morning Grant returns to find Nat and Alex but not the others. He is so excited to tell them that he is now ‘woke’ and goes on to sing about the journey he has been on. He is not a switched on as he thinks.

After this song the rest return very hungover!

Gillian gets angry at Chris because he is rude to her after they spent the night together, so she tells everyone it was her that reported Grant to the competition judges.

Chris gets angry that she did that and decides he can’t do the play anymore. The rest of the cast are very upset as they can’t do the show without Chris.



SONG 18 – THE SHOW IS F**D**

The group sing about what has gone wrong for the show and each of them.



SONG 19 – WHAT WAS I THINKING

Chris is really angry with the group and throws down Christy’s book in frustration.

The spirit of Christy Brown speaks to Chris and tells him he should not give up and go back to the group so they can do the play otherwise things will not change or get better.

Chris goes back and apologises to everybody for being rude and they all make friends again.



SONG 20 – MONTAGE

The group move through rehearsing and performing their show to some of the musical themes and songs that have gone before. At the end there is an announcement and we learn that they have lost!

Not only have they lost but they have lost to Grant!



SONG 20 – ANOTHER SHOW ANOTHER YEAR

This is the finale song. They sing about losing and then Grant joins them.

THE END

Feedback:

www.boptheatre.co.uk/feedback

all@boptheatre.co.uk

feedback@nationaltheatrescotland.com